



North York Masters Aquatic Club 2018 Pentathlon Swim Meet Package

DATE: Saturday December 15th, 2018

TIME: Warm-up 8:00 a.m.
Meet Start 9:00 a.m.
Meet End 2:00 p.m. (estimate)

PLACE: **Markham Pan Am Center**
16 Main Street, Unionville, Markham, Ontario L3R 2E8 Ph: 905 475 4730
Complimentary parking available

HOTELS: The Monte Carlo Inn & Suites,
8900 Woodbine Avenue, Markham, Ont L3R 5R6
<https://www.montecarloinn.com/>

Toronto Marriott Markham,
170 Enterprise Blvd, Markham, Ontario L6G 0E6
<https://www.marriott.com/hotels/fact-sheet/travel/yyzmr-toronto-marriott-markham/>

POOL: 25 meter 6 lane competition pool
25 meter 6 lane continuous warm-up pool
Plenty of spectator-seating available!!!
Lockers are available (bring your own lock)

MEET MANAGER: Jennifer Stewart: jen4_ca@yahoo.com Cell : 416 795 1769

MEET REFEREE: Chris Smith: chrismith32@hotmail.com

SANCTIONED BY: Masters Swimming Ontario MSO #406



ELIGIBILITY: Swimmers must have reached their 18th birthday on or before December 15, 2018. Swimmers age shall be determined as of December 31st.

All swimmers will be accepted. Swimmers not registered with MSO must swim as Single-Event Registrants (club code SER). SER participants must pay the associated \$5.00 fee to receive MSO insurance coverage



ENTRY DEADLINE: December 12, 2018 Midnight

FEES: Registration is **\$65.00 CDN (approx. \$45 USD)**
Registration is made online via the MSO system. See How to Register below. This fee includes the meet entry for all events, all fees and a hot and cold lunch for swimmers.
There is a maximum registration limit of 250 swimmers for this meet.
Entries after the deadline and deck entries accepted at the discretion of the meet manager.

RESULTS: All results will be posted to the MSO database at:
<https://ms.mastersswimmingontario.ca>
Results for Single-Event Registrants will be reported under the club code "SER."

RECORDS: Please notify the Referee and/or Chief Timer before your swim if there is a chance you could set a record, including a split for the first swimmer in a relay.

Only swimmers registered with MSO are eligible for Ontario records. All swims will be considered for Christian Berger's Top Canadian Records and Rankings. (see April 12, 2018 MSO News <http://www.mastersswimmingontario.ca/>).

AWARDS: There will be ribbons mailed out for the top 3 finishes in each age group.

LUNCH: For swimmers & volunteers, refreshments and lunch will be served after the meet.

RULES: Each swimmer shall swim **ALL** five individual events (50 fly, 50 back, 50 breast, 50 free & 100 IM).

Overall winners in each age group will be determined by the fastest/lowest combined time for all five events. Individual age groups are 18-24, 25-29, 30-34, etc. If a swimmer does not swim an event, a penalty time will be assigned. Penalty times will also be assigned for disqualifications and will adversely affect your total time.

[Master Swimming Ontario Rules](#) will apply for this event.

SEEDING

OF HEATS: Please note that the competition shall be run in compliance with OMSW 3.1, events shall be deck seeded with slowest heats first.

RELAY CARDS: Cards will be available at the start of the meet.



EVENTS (SCM): 50m Butterfly
50m Breaststroke
100m Individual Medley
50m Backstroke
50m Freestyle

RELAYS: 4X50 SCM Mixed Medley Relay & 4X50 SCM Mixed Freestyle Relay

All relays will be swim time permitting as mixed events consisting of **4 swimmers (2 men & 2 women)**. Relays will be **exhibition only** and relay teams may consist of swimmers from any club and/or unattached swimmers. The age of the relay team is the total age of the swimmers. Age groups: 72-99, 100-119, 120-159, 160-199, 200-239, 240-279, & 280+.

SAFETY: All MSC Warm-Up/Warm-Down Procedures will be applicable and available [here](#).

HOW TO REGISTER:

Please sign into the MSO system to register online at <https://ms.mastersswimmingontario.ca>

Instructions for using the MSO meet registration system are be found on the homepage.

Payment is accepted prior to selecting and entering events. Online payment is via by PayPal and includes a credit card and Interac option as a PayPal guest. You will be asked to pay the registration fee first. The online registration system accepts PayPal, credit card, and Interac payments. Your registration status with MSO will be automatically verified. Swimmers not registered with MSO will be entered as a Single-Event Registrant (club code SER) and assessed the associated \$5.00 fee.

If you are not an MSO member, you can still register online. You may already be in the database from past meets. If not, contact the MSO Registrar at MSOReg@mastersswimmingontario.ca who will add you to the system and get you started.

By proceeding to the meet entry page, swimmers acknowledge acceptance of the Athlete Waiver & Release. If there are any questions or concerns regarding payment, please contact meet management at meetmgr@nmsc.org.

CANCELLATION AND REFUND POLICY:

Refunds will be provided minus a \$25 admin fee until deadline December 9, 2018. After the deadline no refunds will be given.